

AUGUST-DECEMBER 2019 CYCLE MENU

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken Grilled Cheese Buttered Noodles Steamed Broccoli Variety of Fresh Fruit or Pears	Beef & Chicken Sliders PB&J Sandwich Yogurt Pack Smiley Fries Baked Beans Variety of Fresh Fruit or Mandarin Oranges	Mini Corn Dogs Grilled Cheese California Blend Mac & Cheese Variety of Fresh Fruit or Peaches **Sidekick**	Pancakes PB&J Sandwich Yogurt Pack Sausage Links Hashbrowns Variety of Fresh Fruit or Frozen Strawberry cup	Pizza Grilled Cheese Yogurt Pack Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
2	Chicken Rings Grilled Cheese Tater tots Green Beans Dinner Roll Variety of Fresh Fruit or Craisins	TRY IT TUESDAY PB&J Sandwich Yogurt Pack Variety of Vegetables based on menu Variety of Fresh Fruit or Mandarin Oranges **Jonny Pop**	Cheesy Bread Grilled Cheese Garden Salad Marinara Sauce Cucumber wheels Variety of Fresh Fruit or Peaches	Taco in a Bag (Doritos) PB&J Sandwich Yogurt Pack Salad garnishes Refried Beans Chips & Salsa Variety of Fresh Fruit or Pineapple	Pizza Grilled Cheese Yogurt Pack Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
3	Southern Chicken Breast on a Biscuit Grill Cheese Yogurt Pack Mashed Potatoes w/gravy & Peas Variety of Fresh Fruit or Peaches **Dessert**	Pasta w/wo meatballs & garlic toast PB&J Sandwich Yogurt Pack Steamed Broccoli Sweet Corn Variety of Fresh Fruit or Pears	Biscuit Stix's & Gravy w/ Sausage patty Grilled Cheese Breakfast Potatoes Veggie Boat Variety of Fresh Fruit or Baked Apples	Burger w/wo Cheese PB&J Sandwich Yogurt Pack Burger garnishes Potato Wedges Baked Beans Variety of Fresh Fruit or Craisins	Pizza Grilled Cheese Yogurt Pack Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
4	Hot Dog w/wo Chili Grilled Cheese Chili Cheese Fries California Blend Variety of Fresh Fruit or Mandarin Oranges	TRY IT TUESDAY PB&J Sandwich Yogurt Pack Variety of Vegetables based on menu Variety of Fresh Fruit or Peaches **Cinnamon Roll**	Crispy Chicken Bites Grilled Cheese Mac & Cheese Green Beans Variety of Fresh Fruit or Pears	Soft Taco PB&J Sandwich Yogurt Pack Veggie Boat Refried Beans Salsa or Quesco w/chips, Variety of Fresh Fruit or Pineapple	Pizza Grilled Cheese Yogurt Pack Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce

Check out our Diocese Nutrition Website <https://www.cdlex.org/school-food-service> Free/Reduced applications are available to print and mail (or) return to school office at any time during the school year. **Chef Salad** is available daily at some schools if produce is available. Snacks are not sold unless a child has a positive balance and/or a parent note needed for restrictions. Lunch \$3.00, Reduced .40, Free 0, Extra Entrée \$1.50, Snacks, Extra Veggies/Fruit \$1.00, Milk .50 Staff/Visitors \$3.75 **TRY IT TUESDAY'S** will be all new products and requests. Announced on prior Friday.

AUGUST 2019						
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SEPTEMBER 2019						
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OCTOBER 2019						
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NOVEMBER 2019						
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DECEMBER 2019						
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